



TE ATATU SUMMER GROUPX CLASS SCHEDULE

2018
2019

17th December - 13th January

Monday 17th December

9.30am Flex Tina
10.35am Xtreme30 Tina
5.45pm StepX Sharon
6pm Xride Nora
6.35pm Xtreme30 Tina

Tuesday 18th December

9.30am Xride30 Nora
10.35am XL30 Sharon
5.45pm Xcore45 Tina
6pm Xride30 Hope
6.35pm Zumba Carnation

Wednesday 19th December

9.30am Pilates Nora
10.35am Flex Anna
6pm Xride30 Nora
6.35pm Pilates Nora

Thursday 20th December

9.30am Xcore Sharon
5.45pm Flex45 Tina
6pm Xride Margaret
6.30pm Zumba Carnation

Friday 21st December

9.30am StepX Sharon
10.35am Barre' Tina

Saturday 22nd December

8.30am Yoga Juanita
8.30am Xride Hope
9.30am Flex Tina

Sunday 23rd December

9.30am Yoga Misato

Monday 24th December

NO CLASSES

Tuesday 25th December

NO CLASSES

Wednesday 26th December

NO CLASSES

Thursday 27th December

9.30am Xride Adrian

Friday 28th December

9.30am StepX Tina

Saturday 29th December

9.30am Flex Tina

Sunday 30th December

9.30am Yoga Juanita

Monday 31st December

NO CLASSES

Tuesday 1st January

NO CLASSES

Wednesday 2nd January

NO CLASSES

Thursday 3rd January

9.30am Xcore Sharon

Friday 4th January

9.30am StepX Sharon

Saturday 5th January

9.30am Flex Tina

Sunday 6th January

9.30am Yoga Misato

Monday 7th January

9.30am Flex Tina

Tuesday 8th January

6pm Xtreme30 Tina

Wednesday 9th January

9.30am Xcore Anna

Thursday 10th January

6pm Xride Margaret

Friday 11th January

9.30am StepX Sharon

Saturday 12th January

9.30am Flex Tina

Sunday 13th January

9.30am Yoga Misato

TE ATATU 14th January - 10th February

Monday 14th January

9.30am Flex Tina
 10.35am Xtreme30 Tina
 5.45pm StepX Sharon
 6pm Xride Nora
 6.35pm Xtreme30 Tina

Tuesday 15th January

9.30am Xride Nora
 10.35am Xcore Sharon
 6pm Xride Hope
 6.35pm Zumba Carnation

Wednesday 16th January

9.30am Pilates Nora
 6pm Xride30 Nora
 6.35pm Pilates Nora

Thursday 17th January

9.30am Xcore Sharon
 6pm Xride Margaret
 6.35pm Flex Carnation

Friday 18th January

9.30am StepX Sharon
 10.35am Barre' Renee'

Saturday 19th January

8.30am Xride Hope
 8.30am Yoga Juanita
 9.30am Flex Tina

Sunday 20th January

9.30am Yoga Misato

Monday 21st January

9.30am Flex Tina
 10.35am Xtreme30 Tina
 5.45pm StepX Sharon
 6pm Xride Nora
 6.35pm Xtreme30 Tina

Tuesday 22nd January

9.30am Xride30 Nora
 10.35am Xcore Sharon
 6pm Xride Hope
 6.35pm Zumba Carnation

Wednesday 23rd January

9.30am Pilates Nora
 10.35am Flex Sharon
 6pm Xride30 Nora
 6.35pm Pilates Nora

Thursday 24th January

9.30am Xcore Sharon
 6pm Xride Margaret
 6.35pm Flex Carnation

Friday 25th January

9.30am StepX Sharon
 10.35am Barre' Renee'

Saturday 26th January

8.30am Xride Nora
 8.30am Yoga Juanita
 9.30am Flex Tina

Sunday 27th January

9.30am Yoga Misato

Monday 28th January

NO CLASSES

Tuesday 29th January

9.30am Xride30 Hope
 10.35am Xcore Sharon
 6pm Xride Nora
 6.35pm Zumba Carnation

Wednesday 30th January

9.30am Pilates Nora
 10.35am Flex Anna
 6pm Xride30 Nora
 6.35pm Pilates Nora

Thursday 31st January

9.30am Xcore Sharon
 6pm Xride Margaret
 6.35pm Flex Carnation

Friday 1st February

9.30am StepX Sharon
 10.35am Barre' Renee'

Saturday 2nd February

8.30am Xride Nora
 8.30am Yoga Juanita
 9.30am Flex Tina

Sunday 3th February

9.30am Yoga Misato

Monday 4th February

9.30am Flex Tina
 10.35am Xtreme30 Tina
 5.45pm StepX Sharon
 6.35pm Xtreme30 Tina

Tuesday 5th February

9.30am Xride30 Nora
 10.35am Xcore Sharon
 6pm Xride30 Nora
 6.35pm Zumba Carnation

Wednesday 6th February

NO CLASSES

Thursday 7th February

9.30am Xcore Sharon
 6pm Xride Margaret
 6.35pm Flex Carnation

Friday 8th February

9.30am StepX Sharon
 10.35am Barre' Renee'

Saturday 9th February

8.30am Xride Hope
 8.30am Yoga Juanita
 9.30am Flex Tina

Sunday 10th February

9.30am Yoga Misato